

**WEST AUSTRALIAN LITTLE ATHLETICS  
MCDONALD'S STATE TRACK AND FIELD CHAMPIONSHIPS  
HEATS & QUARTER FINALS (U10-15) & U7-U9 FINALS (ZONES)  
SATURDAY 6th & SUNDAY 7th MARCH 2010**

**MARSHALLING:** 20 minutes before events for Track  
35 minutes before events for Field

The marshalling time will depend upon the actual running of the program

**DAY1**

No	Time	Events	Final Event	Time	Site	
	7.45	OFFICIALS TO RESPECTIVE TRACK & FIELD SITES				
1	8.15	U12 BOYS 1500M FINAL				
2		U15 BOYS 1500M FINAL				
3		U7 BOYS 70M S/FINAL	51	10.50		
4	8.20	U11 BOYS LONG JUMP			5	
5		U14 BOYS LONG JUMP			3	
6		U8 GIRLS DISCUS			12	
7		U9 GIRLS DISCUS			11	
8		U13 GIRLS TRIPLE JUMP			7	
9	8.35	U14 GIRLS JAVELIN			15	
10	8.38	U10 GIRLS 60M HURDLES S/FINAL	85	1.15		
11	8.40	U11 GIRLS 60M HURDLES S/FINAL	87	1.20		
12	8.45	U8 BOYS SHOT PUT			13	
13		U9 BOYS SHOTPUT			14	
14		U12 BOYS HIGH JUMP			8	
15		U14 BOYS 1500M FINAL				
16	8.50	U15 BOYS HIGH JUMP			9	
17		U10 GIRLS TRIPLE Jump			6	
18		U12 GIRLS 60M HURDLES S/FINAL	74	12.50		
19	8.52	U13 BOYS 1500M FINAL				
20	9.00	U11 BOYS 1500M FINAL				
21		U7 BOYS LONG JUMP			3	
22		U13 GIRLS 80M HURDLES S/FINAL	91	1.30		
23	9.07	U10 GIRLS 800M S/FINAL	62	11.45		
24	9.10	U11 GIRLS JAVELIN			16	
25		U14 GIRLS 80M HURDLES S/FINAL	92	1.35		
26	9.15	U11 GIRLS 800M S/FINAL	63	11.51		
27	9.20	U15 GIRLS 90M HURDLES S/FINAL	95	1.40		
28	9.23	U12 GIRLS 800M S/FINAL	64	11.54		
29	9.25	U7 GIRLS DISCUS			12	
30	9.30	U9 GIRLS 60M HURDLES S/FINAL	83	1.05		
31	9.31	U13 GIRLS 800M S/FINAL	66	12.00		
32	9.39	U14 GIRLS 800M S/FINAL	68	12.03		
33	9.40	U8 GIRLS 60M HURDLES S/FINAL	81	1.00		
34	9.45	U7 BOYS SHOT PUT			13	
35	9.47	U15 GIRLS 800M S/FINAL	67	12.06		
36	9.55	U9 GIRLS 800MS/FINAL	70	12.09		
37	10.00	U9 BOYS 70M S/FINAL	65	12.00		
38		U10 BOYS LONG JUMP			5	
39	10.10	U8 BOYS 70M S/FINAL	67	12.03		
40		U13 BOYS LONG JUMP			3	
41	10.15	U13 GIRLS 200M HURDLES S/FINAL	128	4.15		
42	10.20	U10 GIRLS DISCUS			12	
43		U11 GIRLS TRIPLE JUMP			6	

No	Time	Events	Final Event	Time	Site
44	10.22	U14 GIRLS 200M HURDLES S/FINAL	129	4.17	
45	10.30	U12 GIRLS JAVELIN			16
46		U13 GIRLS DISCUS			11
47		U15 GIRLS 200M HURDLES S/FINAL	130	4.19	
48	10.40	U14 GIRLS TRIPLE JUMP			7
49		U15 GIRLS JAVELIN			15
50	10.45	U14 BOYS HIGH JUMP			9
51	10.50	U7 BOYS 70M FINAL			
52		U15 BOYS SHOT PUT			14
53	10.55	U11 BOYS HIGH JUMP			8
54		U12 BOYS SHOT PUT			13
55	11.10	U10 BOYS 400M S/FINAL	71	12.50	
56	11.20	U15 BOYS 400M S/FINAL	90	1.25	
57	11.30	U12 BOYS 400M S/FINAL	86	1.20	
58	11.35	U13 BOYS 400M S/FINAL	78	12.55	
59	11.40	U14 BOYS 400M S/FINAL	84	1.10	
60		U7 GIRLS JAVELIN			15
61	11.45	U11 BOYS 400M S/FINAL	82	1.05	
62	11.50	U10 GIRLS 800M FINAL			
63		U11 GIRLS 800M FINAL			
64	11.54	U12 GIRLS 800M FINAL			
65	12.00	U9 BOYS 70M FINAL			
66		U13 GIRLS 800M FINAL			
67	12.03	U8 BOYS 70M FINAL			
68		U14 GIRLS 800M FINAL			
69	12.06	U15 GIRLS 800M FINAL			
70	12.09	U9 GIRLS 800M FINAL			
<b>12.10</b>		<b>LUNCH</b>			
71	12.50	U10 BOYS 400M FINAL			
72		U10 GIRLS JAVELIN			16
73		U11 GIRLS DISCUS			12
74		U12 GIRLS 60M HURDLES FINAL			
75		U13 GIRLS JAVELIN			15
76		U14 GIRLS DISCUS			11
77		U15 GIRLS TRIPLEJUMP			7
78	12.55	U13 BOYS 400M FINAL			
79	1.00	U8 BOYS LONG JUMP			5
80		U9 BOYS LONG JUMP			3
81		U8 GIRLS 60M HURDLES FINAL			
82	1.05	U11 BOYS 400M FINAL			
83		U9 GIRLS 60M HURDLES FINAL			
84	1.10	U14 BOYS 400M FINAL			
85	1.15	U10 GIRLS 60M HURDLES FINAL			
86	1.20	U12 BOYS 400M FINAL			
87		U11 GIRLS 60M HURDLES FINAL			
88		U12 GIRLS TRIPLE JUMP			6
89	1.25	U10 BOYS HIGH JUMP			8
90		U15 BOYS 400M FINAL			
91	1.30	U13 GIRLS 80M HURDLES FINAL			
92	1.35	U14 GIRLS 80M HURDLES FINAL			
93	1.40	U13 BOYS HIGH JUMP			9
94		U14 BOYS SHOT PUT			14
95		U15 GIRLS 90M HURDLES FINAL			
96	1.45	U7 GIRLS 200M S/FINAL	134	4.42	

No	Time	Events	Final Event	Time	Site
97		U7 BOYS 100M S/FINAL	133	4.42	
98	1.50	U8 GIRLS 200M S/FINAL	136	4.50	
99	1.55	U11 BOYS SHOTPUT			13
100	2.00	U9 GIRLS 200M S/FINAL	138	4.55	
101	2.10	U12 BOYS LONG JUMP			5
102		U15 BOYS LONG JUMP			3
103		U10 GIRLS 200M S/FINAL	140	4.57	
104	2.20	U9 GIRLS JAVELIN			16
105		U11 GIRLS 200M S/FINAL	142	5.00	
106	2.25	U8 BOYS 100M S/FINAL	135	4.50	
107	2.30	U12 GIRLS 200M S/FINAL	144	5.02	
108	2.40	U9 BOYS 100M S/FINAL	137	4.55	
109		U8 GIRLS JAVELIN			15
110		U13 GIRLS 200M S/FINAL	146	5.05	
111	2.50	U10 BOYS 100M S/FINAL	139	4.57	
112		U14 GIRLS 200M S/FINAL	148	5.07	
113	3.00	U11 BOYS 100M S/FINAL	141	5.00	
114		U13 BOYS SHOT PUT			14
115		U15 GIRLS 200M S/FINAL	150	5.10	
116	3.10	U12 BOYS 100M S/FINAL	143	5.02	
117		U12 GIRLS DISCUS			12
118	3.20	U13 BOYS 100M S/FINAL	145	5.05	
119		U9 GIRLS 700M WALK FINAL			
120	3.30	U10 BOYS SHOT PUT			13
121		U14 BOYS 100M S/FINAL	147	5.07	
122		U10 GIRLS 1100M WALK FINAL			
123		U15 GIRLS DISCUS			11
124	3.40	U15 BOYS 100M S/FINAL	149	5.10	
125		U11 GIRLS 1100M WALK FINAL			
126	3.50	U12 GIRLS 1500M WALK FINAL			
127	4.05	U13 GIRLS 1500M WALK FINAL			
128	4.15	U13 GIRLS 200M HURDLES FINAL			
129	4.17	U14 GIRLS 200M HURDLES FINAL			
130	4.19	U15 GIRLS 200M HURDLES FINAL			
131		U14 GIRLS 1500M WALK FINAL			
132	4.34	U15 GIRLS 1500M WALK FINAL			
133	4.42	U7 BOYS 100M FINAL			
134		U7 GIRLS 200M FINAL			
135	4.50	U8 BOYS 100M FINAL			
136		U8 GIRLS 200M FINAL			
137	4.55	U9 BOYS 100M FINAL			
138		U9 GIRLS 200M FINAL			
139	4.57	U10 BOYS 100M FINAL			
140		U10 GIRLS 200M FINAL			
141	5.00	U11 BOYS 100M FINAL			
142		U11 GIRLS 200M FINAL			
143	5.02	U12 BOYS 100M FINAL			
144		U12 GIRLS 200M FINAL			
145	5.05	U13 BOYS 100M FINAL			
146		U13 GIRLS 200M FINAL			
147	5.07	U14 BOYS 100M FINAL			
148		U14 GIRLS 200M FINAL			
149	5.10	U15 BOYS 100M FINAL			
150		U15 GIRLS 200M FINAL			

## DAY ONE FIELD EVENTS

### LONG JUMP

#### SITE 3

U14 Boys	8.20am
U7 Boys	9.00 am
U13 Boys	10.10am
U9 Boys	1.00pm
U15 Boys	2.10pm

#### SITE 5

U11 Boys	8.20am
U10 Boys	10.00am
U8 Boys	1.00pm
U12 Boys	2.10pm

### TRIPLE JUMP

#### SITE 7

U13 Girls	8.20am
U14 Girls	10.40am
U15 Girls	12.50pm

#### SITE 6

U10 Girls	8.50am
U11 Girls	10.20am
U12 Girls	1.20pm

### HIGH JUMP

#### SITE 8

U12 Boys	8.45am
U11 Boys	10.55am
U10 Boys	1.25pm

#### SITE 9

U15 Boys	8.50am
U14 Boys	10.45am
U13 Boys	1.40pm

### DISCUS

#### SITE 11 TOP

U9 Girls	8.20am
U13 Girls	10.30am
U14 Girls	12.50pm
U15 Girls	3.30pm

#### SITE 12 BOTTOM

U8 Girls	8.20am
U7 Girls	9.25am
U10 Girls	10.20am
U11 Girls	12.50pm
U12 Girls	3.10pm

### SHOT PUT

#### SITE 13

U8 Boys	8.45am
U7 Boys	9.45am
U12 Boys	10.55am
U11 Boys	1.55pm
U10 Boys	3.30pm

#### SITE 14

U9 Boys	8.45am
U15 Boys	10.50am
U14 Boys	1.40pm
U13 Boys	3.00pm

### JAVELIN

#### SITE 15 TOP

U14 Girls	8.35am
U15 Girls	10.40am
U7 Girls	11.40am
U13 Girls	12.50pm
U8 Girls	2.40

#### SITE 16 BOTTOM

U11 Girls	9.10am
U12 Girls	10.30am
U10 Girls	12.50pm
U9 Girls	2.20pm

**WEST AUSTRALIAN LITTLE ATHLETICS MCDONALD'S STATE TRACK AND FIELD  
CHAMPIONSHIPS  
HEATS & QUARTER FINALS (U10-U15) & U7-U9 FINALS (ZONES)  
SATURDAY 6th & SUNDAY 7th MARCH 2010**

**MARSHALLING:** 20 minutes before events for Track  
35 minutes before events for Field

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**DAY2**

No	Time	Events	Final Event	Time	Site
	7.30	OFFICIALS TO RESPECTIVE TRACK & FIELD	SITES		
151	8.15	U12 GIRLS	1500M FINAL		
152		U15 GIRLS	1500M FINAL		
153		U7 GIRLS	70M S/FINALS	201	10.50
154	8.20	U11GIRLS	LONG JUMP		5
155		U14 GIRLS	LONG JUMP		3
156		U8 BOYS	DISCUS		12
157		U9 BOYS	DISCUS		11
158		U10 BOYS	60M HURDLES S/FINAL	235	1.15
159		U13 BOYS	TRIPLE JUMP		7
160	8.35	U14 BOYS	JAVELIN		15
161	8.38	U11 BOYS	60M HURDLES S/FINAL	236	1.20
162	8.45	U8 GIRLS	SHOT PUT		13
163		U9 GIRLS	SHOT PUT		14
164		U12GIRLS	HIGH JUMP		8
165		U14 GIRLS	1500M FINAL		
166	8.50	U15GIRLS	HIGH JUMP		9
167		U10 BOYS	TRIPLE JUMP		6
168		U12 BOYS	60M HURDLES S/FINAL	224	12.50
169	8.52	U13 GIRLS	1500M FINAL		
170	9.00	U11GIRLS	1500M FINAL		
171		U7 GIRLS	LONG JUMP		3
172		U13 BOYS	80M HURDLES S/FINAL	241	1.30
173	9.07	U10 BOYS	800M S/FINAL	212	11.45
174	9.10	U11 BOYS	JAVELIN		16
175		U14 BOYS	90M HURDLES S/FINAL	242	1.35
176	9.15	U11 BOYS	800M S/FINAL	213	11.51
177	9.20	U15 BOYS	100M HURDLES S/FINAL	245	1.40
178	9.23	U12 BOYS	800M S/FINAL	214	11.54
179	9.25	U7 BOYS	DISCUS		12
180	9.30	U9 BOYS	60M HURDLES S/FINAL	233	1.05
181	9.31	U13 BOYS	800M S/FINAL	216	12.00
182	9.39	U14 BOYS	800M S/FINAL	218	12.03
183	9.40	U8 BOYS	60M HURDLES S/FINAL	231	1.00
184	9.45	U7 GIRLS	SHOT PUT		13
185	9.47	U15 BOYS	800M S/FINAL	219	12.06
186	9.55	U9 BOYS	800M S/FINAL	220	12.09
187	10.00	U9 GIRLS	70M S/FINAL	215	12.00
188		U10 GIRLS	LONG JUMP		5
189	10.10	U8 GIRLS	70M S/FINAL	217	12.03
190		U13 GIRLS	LONG JUMP		3
191	10.15	U13 BOYS	200M HURDLES S/FINAL	278	4.15

No	Time	Events	Final Event	Time	Site
192	10.20	U10 BOYS	DISCUS		12
193		U11 BOYS	TRIPLE JUMP		6
194	10.22	U14 BOYS	200M HURDLES S/FINAL	279	4.17
195	10.30	U12 BOYS	JAVELIN		16
196		U13 BOYS	DISCUS		11
197		U15 BOYS	200M HURDLES S/FINAL	280	4.19
198	10.40	U14 BOYS	TRIPLE JUMP		7
199		U15 BOYS	JAVELIN		15
200	10.45	U14 GIRLS	HIGH JUMP		9
201	10.50	U7 GIRLS	70M FINALS		
202		U15 GIRLS	SHOTPUT		14
203	10.55	U11 GIRLS	HIGH JUMP		8
204	11.00	U12 GIRLS	SHOT PUT		13
205	11.10	U10 GIRLS	400M S/FINAL	221	12.50
206	11.20	U15 GIRLS	400M S/FINAL	240	1.25
207	11.30	U12 GIRLS	400M S/FINAL	236	1.20
208	11.35	U13 GIRLS	400M S/FINAL	228	12.55
209	11.40	U14 GIRLS	400M S/FINAL	234	1.10
210		U7 BOYS	JAVELIN		15
211	11.45	U11GIRLS	400M S/FINAL	232	1.05
212		U10 BOYS	800M FINAL		
213	11.51	U11 BOYS	800M FINAL		
214	11.54	U12 BOYS	800M FINAL		
215	12.00	U9 GIRLS	70M FINAL		
216		U13 BOYS	800M FINAL		
217	12.03	U8 GIRLS	70M FINAL		
218		U14 BOYS	800M FINAL		
219	12.06	U15 BOYS	800M FINAL		
220	12.09	U9 BOYS	800M FINAL		
221	12.50	U10 GIRLS	400M FINAL		
222		U10 BOYS	JAVELIN		16
223		U11BOYS	DISCUS		12
224		U12 BOYS	60M HURDLES FINAL		
225		U13 BOYS	JAVELIN		15
226		U14 BOYS	DISCUS		11
227		U15 BOYS	TRIPLE JUMP		7
228	12.55	U13 GIRLS	400M FINAL		
229	1.00	U8 GIRLS	LONG JUMP		5
230		U9 GIRLS	LONG JUMP		3
231		U8 BOYS	60M HURDLES FINAL		
232	1.05	U11GIRLS	400M FINAL		
233		U9 BOYS	60M HURDLES FINAL		
234	1.10	U14 GIRLS	400M FINAL		
235	1.15	U10 BOYS	60M HURDLES FINAL		
236	1.20	U12 GIRLS	400M FINAL		
237		U11 BOYS	60M HURDLES FINAL		
238		U12 BOYS	TRIPLE JUMP		6
239	1.25	U10 GIRLS	HIGH JUMP		8
240		U15 GIRLS	400M FINAL		
241	1.30	U13 BOYS	80M HURDLES FINAL		
242	1.35	U14 BOYS	90M HURDLES FINAL		
243	1.40	U13 GIRLS	HIGH JUMP		9
244		U14 GIRLS	SHOT PUT		14
245		U15 BOYS	100M HURDLES FINAL		

No	Time	Events	Final Event	Time	Site
246	1.45	U7 BOYS	200M S/FINAL	284	4.42
247		U7 GIRLS	100M S/FINAL	283	4.42
248	1.50	U8 BOYS	200M S/FINAL	286	4.50
249	1.55	U11 GIRLS	SHOT PUT		13
250	2.00	U9 BOYS	200M S/FINAL	288	4.55
251	2.10	U12 GIRLS	LONG JUMP		5
252		U15 GIRLS	LONG JUMP		3
253		U10 BOYS	200M S/FINAL	290	4.57
254	2.20	U9 BOYS	JAVELIN		16
255		U11 BOYS	200M S/FINAL	292	5.00
256	2.25	U8 GIRLS	100M S/FINAL	285	4.50
257	2.30	U12 BOYS	200M S/FINAL	294	5.02
258	2.40	U9 GIRLS	100M S/FINAL	287	4.55
259		U8 BOYS	JAVELIN		15
260		U13 BOYS	200M S/FINAL	296	5.05
261	2.50	U10 GIRLS	100M S/FINAL	289	4.57
262		U14 BOYS	200M S/FINAL	298	5.07
263	3.00	U11 GIRLS	100M S/FINAL	291	5.00
264		U13GIRLS	SHOTPUT		14
265		U15 BOYS	200M S/FINAL	300	5.10
266	3.10	U12 GIRLS	100MS/FINAL	293	5.02
267		U12 BOYS	DISCUS		12
268	3.20	U13 GIRLS	100M S/FINAL	295	5.05
269		U9 BOYS	700M WALK FINAL		
270	3.30	U10 GIRLS	SHOT PUT		13
271		U14 GIRLS	100M S/FINAL	297	5.07
272		U10 BOYS	1100M WALK FINAL		
273		U15 BOYS	DISCUS		11
274	3.40	U15 GIRLS	100M S/FINAL	299	5.10
275		U11 BOYS	1100M WALK FINAL		
276	3.50	U12 BOYS	1500M WALK FINAL		
277	4.05	U13 BOYS	1500M WALK FINAL		
278	4.15	U13 BOYS	200M HURDLES FINAL		
279	4.17	U14 BOYS	200M HURDLES FINAL		
280	4.19	U15 BOYS	200M HURDLES FINAL		
281	4.25	U14BOYS	1500MWALKFINAL		
282	4.34	U15 BOYS	1500M WALK FINAL		
283	4.42	U7 GIRLS	100M FINAL		
284		U7 BOYS	200M FINAL		
285	4.50	U8 GIRLS	100M FINAL		
286		U8 BOYS	200M FINAL		
287	4.55	U9 GIRLS	100M FINAL		
288		U9 BOYS	200M FINAL		
289	4.57	U10 GIRLS	100M FINAL		
290		U10 BOYS	200M FINAL		
291	5.00	U11 GIRLS	100M FINAL		
292		U11 BOYS	200M FINAL		
293	5.02	U12 GIRLS	100M FINAL		
294		U12 BOYS	200M FINAL		
295	5.05	U13 GIRLS	100M FINAL		
296		U13 BOYS	200M FINAL		
297	5.07	U14 GIRLS	100M FINAL		
298		U14 BOYS	200M FINAL		
299	5.10	U15 GIRLS	100M FINAL		

**DAY TWO FIELD EVENTS****LONG JUMP****SITE 3**

U14 Girls 8.20am  
 U7 Girls 9.00 am  
 U13 Girls 10.10am  
 U9 Girls 1.00pm  
 U15 Girls 2.10pm

**SITE 5**

U11 Girls 8.20am  
 U10 Girls 10.00am  
 U8 Girls 1.00pm  
 U12 Girls 2.10pm

**TRIPLE JUMP****SITE 7**

U13 Boys 8.20am  
 U14 Boys 10.40am  
 U15 Boys 12.50pm

**SITE 6**

U10 Boys 8.50am  
 U11 Boys 10.20am  
 U12 Boys 1.20pm

**HIGH JUMP****SITE 8**

U12 Girls 8.45am  
 U11 Girls 10.55am  
 U10 Girls 1.25pm

**SITE 9**

U15 Girls 8.50am  
 U14 Girls 10.45am  
 U13 Girls 1.40pm

**DISCUS****SITE 11 TOP**

U9 Boys 8.20am  
 U13 Boys 10.30am  
 U14 Boys 12.50pm  
 U15 Boys 3.30pm

**SITE 12 BOTTOM**

U8 Boys 8.20am  
 U7 Boys 9.25am  
 U10 Boys 10.20am  
 U11 Boys 12.50pm  
 U12 Boys 3.10pm

**SHOT PUT****SITE 13**

U8 Girls 8.45am  
 U7 Girls 9.45am  
 U12 Girls 10.55am  
 U11 Girls 1.55pm  
 U10 Girls 3.30pm

**SITE 14**

U9 Girls 8.45am  
 U15 Girls 10.50am  
 U14 Girls 1.40pm  
 U13 Girls 3.00pm

**JAVELIN****SITE 15 TOP**

U14 Boys 8.35am  
 U15 Boys 10.40am  
 U7 Boys 11.40am  
 U13 Boys 12.50pm  
 U8 Boys 2.40 pm

**SITE 16 BOTTOM**

U11 Boys 9.10am  
 U12 Boys 10.30am  
 U10 Boys 12.50pm  
 U9 Boys 2.20pm