Joondalup Little Athletics Centre 2011/2012 Program B

Time	U6 Boys	U6 Girls	U7 Boys	U7 Girls	U8 Boys	U8 Girls	U9 Boys	U9 Girls	U10 Boys	U10 Girls	U11 Boys	U11 Girls	U12 Boys	U12 Girls	U13 Boys	U13 Girls	U14+ Boys	U14+ Girls
8:00							Shot Put	Long Jump	Discus	Javelin	800m	800m	800m	800m	80m Hurdles	80m Hurdles	80-110m Hurdles	80m - 100m Hurdles
8:30							800m	800m	800m	800m	Javelin	Triple Jump	Discus	Javelin	High Jump	High Jump	Triple Jump	Triple Jump
9:00							Turbo Javelin	Discus	Triple Jump	High Jump	60m Hurdles	60m Hurdles	60m Hurdles	60m Hurdles	800m	800m	800m	800m
9:30	200m	200m	Shot Put	200m	60m Hurdles	60m Hurdles	60m Hurdles	60m Hurdles	60m Hurdles	60m Hurdles	Triple Jump	Javelin	High Jump	Triple Jump	Discus	Discus	Shot Put	Shot Put
10:00	Turbo Javelin	Turbo Javelin	200m			Long Jump			High Jump	Triple Jump	Shot Put	High Jump	200m	Shot Put	200m	200m	200m	200m
10:30	70m	Long Jump		Turbo Javelin	Discus		70m	70m			200m	200m	Triple Jump	200m			Javelin	
11:00	Long Jump	70m	70m	70m	70m	70m									Triple Jump	Triple Jump		Javelin
11:30			Long Jump	Discus	Turbo Javelin	Shot Put	700m Walk	700m Walk	1100m Walk	1100m Walk	1100m Walk	1100m Walk	1500m Walk	1500m Walk	1500m Walk	1500m Walk	1500m Walk	1500m Walk