

JOONDALUP ATHLETIC CENTRE COVID PROTOCOLS 2022

Joondalup Athletic Centre have set out the following guidelines for parents, athletes, volunteers to follow. These guidelines are effective from 3rd March 2022 and are subject to change as per WA Government advice.

What to do if you are classified as a close contact

- Isolate as per WA Government advice.
- Do not attend training or competitions.
- Advise admin@jlac.org.au of your need to isolate, and the date you will be out of isolation.

What to do if you test positive

- Stay home/quarantine as per WA Government advice.
- Advise admin@jlac.org.au with info relating to when you were last at JLAC and when you tested positive.
- Show proof of negative test results before returning to training/competition (either RAT or PCR test)

Am I a close contact if someone I have trained/competed with tests positive?

- Under current guidelines outdoor contacts are not classified as close contacts. Please assess each individual situation and how closely you/your child worked with that person and how much time you spent with them and consider isolating as a precaution if necessary.
- All athletes who are part of the same training group will be notified and advised to monitor for symptoms
 - We recommend consideration of administering a RAT prior to attending training as a protective measure to fellow athletes - this is not mandatory and at the discretion of individual families
 - Consider taking extra measures to protect yourself and others by wearing masks (even where not mandated) and using sanitising products

Measures JLAC are taking to protect athletes:

- Masks will be available for those who require them.
- Sanitising wipes provided to coaching staff for cleaning of shared equipment during training.
- Sanitising wipes provided at competition stations for cleaning of shared equipment
- Parents/Guardians only to spectate at training and competitions
- JLAC centre coaches without children at the centre will be allowed to attend competitions and training
- Check in using the QR code provided. A copy of this will be placed in each age group file, as well as being placed around the arena.
- All spectators (Year 3 and above) on competition days are to wear masks at all times, both indoors and outdoors
- All athletes and spectators (Year 3 and above) at training are to wear masks at all times when indoors.
 - Consider wearing a mask even when outdoors at training as a protective measure.
- All athletes in Year 3 and above are to wear masks when not competing, whilst waiting to compete at event site and in between events.
 - Masks can be removed for vigorous activities
 - Athletes can remove their mask to complete throws, we recommend keeping them on if it does not impact on the athlete's performance
- All files and pens used for recording will be sanitised before next use.

In the event we need to cancel an event (Centre Championships/AGM/Trophy Day)

- All attempts will be made to go ahead with events as planned. Some changes may need to be made in order to run the event in a safe manner.
- In the event of needing to reschedule, we will assess on a case-by-case basis. Rescheduling will depend on oval availability and the health and safety of all our members.
- Updates will be provided by Facebook and email - suggest adding admin@jlac.org.au to address book to avoid items going to junk.
- Updates will also be posted on our Centre Website www.jlac.org.au.