

## State Selection Sheet LA CENTRE

**Athlete:**

**Age**

**16 G**

Event	Heat Time	Final Time	Day	Selected
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Over the two competition days, athletes are limited to the following:

U16 - U17 maximum of 6 events over the two days - no limit on the amount in one day

1. Tick which events you wish to enter.

Event	Heat Time	Final Time	Day	Select
JAVELIN		9.00	SAT	<input type="checkbox"/>
90M HURDLES	9.25	3.00	SAT	<input type="checkbox"/>
800M	9.50	1.00	SAT	<input type="checkbox"/>
TRIPLE JUMP		11.57	SAT	<input type="checkbox"/>
DISCUS		1.20	SAT	<input type="checkbox"/>
200M	3.35	5.24	SAT	<input type="checkbox"/>
1500M WALK		5.00	SAT	<input type="checkbox"/>
1500M		8.00	SUN	<input type="checkbox"/>
HIGH JUMP		8.30	SUN	<input type="checkbox"/>
SHOT		9.40	SUN	<input type="checkbox"/>
400M	11.00	2.30	SUN	<input type="checkbox"/>
200M HURDLES	11.45	1.35	SUN	<input type="checkbox"/>
LONG JUMP		12.55	SUN	<input type="checkbox"/>
100M	4.10	5.33	SUN	<input type="checkbox"/>

2. This form must be returned to Club Manager no later than

Late entries will not be accepted

3.. Your Semi Finals and Finals (States) will be held this year at  
**WA ATHLETICS STADIUM**  
 Saturday 17 & Sunday 18 March 2012

4. Centre uniform, registration numbers and age tags **MUST** be worn

**Parents assistance is vital so please indicate the time you will be**

I will be available to be an official during the Sates on the following days

Sat (am) \_\_\_\_\_ Sat (pm) \_\_\_\_\_

Sun (am) \_\_\_\_\_ Sun (pm) \_\_\_\_\_

Signature

Phone No